

Viables Sound Walk



When you are out enjoying your daily walk for exercise, why not listen out for these things on your way? Tick them off as you go and add anything else you hear. You can draw or write to add them.

birds



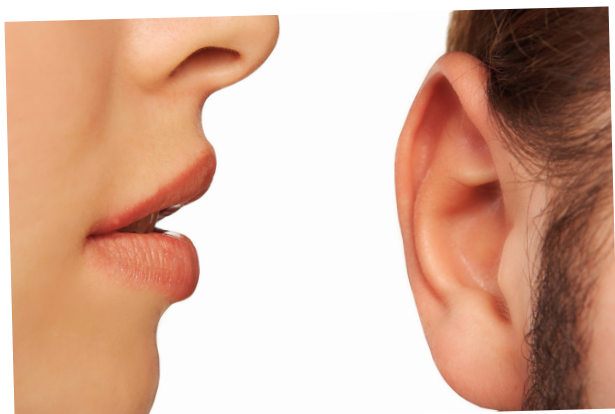
cars

aircraft



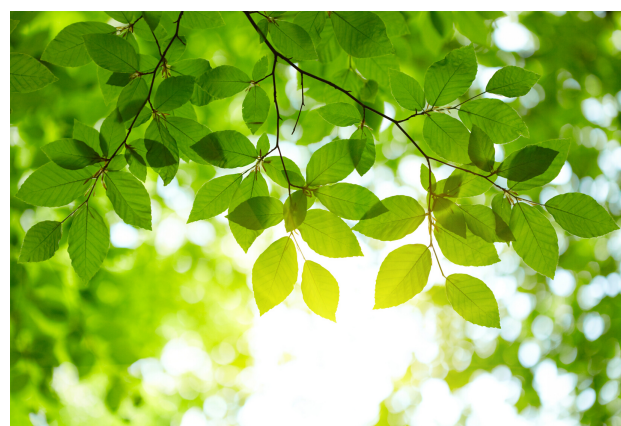
footsteps

people
talking



tools or
machinery

rustling
leaves



a dog barking

laughter



insects (like a
buzzing bee)